



SAHAYA INTERNATIONAL, Inc. Davis California, USA

ANNUAL PROGRESS REPORT - January-December 2010

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Dear Friends,

It is with pleasure that I present to you this annual report highlighting our activities of the past fiscal year. The support from our growing circle of friends and well-wishers allows us to continue our journey so we can make a difference in the lives of many people in developing countries. Special memories of 2010 include several successful fundraisers in the USA, the growth of our network (including our European sister organization Sahaya.eu), and our steps into social media and video production.

My sincere thanks to many of you for being part of this effort! It is my hope that in 2011 we can continue to count on you and mobilize the resources to reach out to those in need.

Koen Van Rompay (Founder/Secretary)

Sahaya International

overview of activities

READ (Rural Education & Action Development)- Tamil Nadu, India



READ is a Non-Governmental Organization (NGO), active in rural areas of Tamil Nadu (India). READ has been our primary partner since the inception of Sahaya International. For a more detailed description of the many activities of READ, including copies of their latest annual reports, please visit www.readindia.in.

General support of READ's programs

Through its general fundraising activities (including the sale of embroidered cards and solicitation of contributions), Sahaya International continues to provide general assistance (salaries, supplies, etc.) to many of READ's programs, including:

- Two kindergarten/elementary schools: the Mother Teresa School in Periyakrishnapuram (171 students, from lower kindergarten to Vth standard) and the Jawahar Matriculation school in Andimadam (185 students, from lower kindergarten to VIth standard). Both schools were constructed with funds raised by Sahaya International and Sahaya.eu.
- Two schools for mentally disabled children: in Perambalur (26 children) and Andimadam (25 children).
- Skill-training programs for youth and disabled people (including card-making, sewing, type-writing, computer training, book-binding) that take place at the READ Community Resource Center.
- Women and men self-help groups that READ has previously organized. Currently 861 groups are active. READ assists them via a micro-finance program with loans for income-generating activities.

- General support to READ's Community Resource Center (RCRC) for rural disabled people.

READ and Sahaya had previously applied with success to the Japanese Embassy, Chennai for grant support to construct a Resource Center in Andimadam to educate, train and rehabilitate disabled people. Construction was completed in 2008, and the building was inaugurated in March 2010. In addition to housing one of the schools for mentally disabled children and the vocational skill-training programs, the RCRC also has a mini-health center (with physical rehabilitation equipment) and counseling & career guidance facilities.

Child sponsorship program

Sahaya International and READ have an orphan sponsorship program. For a monthly contribution of \$30, the children receive basic necessities such as nutrition, clothing, and school expenses. Some sponsors make extra contributions to cover the expenses of higher education. During this fiscal year, the number of sponsored children increased to 185. The sponsors receive regular letters and photographs. On December 17, a field trip to Silver Beach in Cuddalore was organized.



Ranjitha, Manjula and Selvarani are 3 bright students from poor families. Thanks to our sponsorship program they are currently in college.



The children of our orphan sponsorship program and Hope Walks program display the banner that was made by children and youth in Davis during the 2010 Hope Walks Davis event (see page 12).

Hope Walks Davis

Since 2007, Sahaya International has collaborated with Global Strategies for HIV Prevention to organize an annual Hope Walks Davis event. The proceeds of this event are sent to READ to cover extra medical, travel and nutritional expenses for 15 HIV-infected children in READ's programs and provide general assistance to 8 uninfected children who were in dire needs. The Hope Walks Davis 2010 event raised \$5,917 (see page 12). For more information, please visit www.sahaya.org/hopewalksdavis.html.

Ongoing fundraising for construction work at Mother Teresa School (Periyakrishnapuram)

Thanks to Sahaya's previous fundraising activities, a one-story school building with 4 classrooms was completed in the summer of 2008. Now in 2010, the Mother Teresa School has 171 children from underprivileged families. The classes range from kindergarten through 5th standard.

Accordingly, a 2nd level with 4 extra classrooms is urgently needed.

In addition, the moat at the entrance of the school becomes flooded severely during the rainy season. Accordingly, construction of a bridge is very much needed.

During 2010, nearly \$17,000 was raised for these projects (of the estimated ~ \$55,000 that is needed). See page 11 to learn more about the different fundraisers that were organized by Sahaya volunteers.

School furniture

With the funds raised by Sahaya International and Sahaya.eu, local carpenters completed making wooden desks and benches for both the Mother Teresa School and the Jawahar Matriculation School. The students, who previously had to sit on the concrete floor, benefit from a more comfortable learning environment.

HIV/AIDS care and support services

READ had previously started a HIV-positive network named “Malarum Mottukal” (meaning “blossoming flower”) to assist persons living with HIV/AIDS (PLHIV). The network meets monthly and provides counseling, medical assistance and referrals. Currently 101 PLHIV have joined the network. Most of them arrive in very destitute situations. Approximately 80-90% of the members are usually able to attend the monthly meetings. During the previous years, the activities of this network were largely supported by consecutive grants of Gilead Sciences, Inc.

Thanks to continued grant support from Gilead Sciences, Inc., a number of activities have been implemented during 2010:

- Election of leaders:

Because some of the previous leaders had left the network, the network meeting of July 15, 2010 was used to elect new leaders.

- Support services to PLHIV:

Network members were given financial support to cover their monthly travel expenses (to pick up medications) and some food expenses on those travel days. This has had a major impact. While in 2008 only 23 were receiving anti-HIV drugs (antiretrovirals; ARV), this number has increased to 75 members, with nearly all of them reporting clear improvement of their health. Travel time to the Government ARV centers is 2-6 hours one-way.

- Gilead Health & Counseling Center

The Gilead Health & Counseling Center was



The PLHIV network has elected 9 leaders in 2010 (top). The network members come to the Gilead Health & Counseling Center (lower left), and some received training on micro-loans and micro-enterprise (lower right).



The **Mother Teresa Standard English School** of Periyakrishnapuram village currently provides basic education to 171 children from underprivileged families. During 2010, the classrooms were provided with desks and benches. Our plans for the next few years include continued fundraising for construction of a 2nd level to accommodate the many students, and construction of a bridge at the entrance, where the moat turns into a torrential river after heavy monsoon rains.



started in the past year. It is located in the READ Community Resource Center. Every month the health nurse checks the height and weight of the PLHIV network members, sometimes checks their blood pressure and provides health advice. The health nurse and the network members have been given training on home-based care. At the monthly meeting, some members received first-aid depending on their health conditions; some members who have wounds or injuries are given new dressings. The health center also distributes condoms, and the health nurse gives condom demonstrations.

In the counseling center, the members are given individual and family counseling, conflict resolution, legal advice and aid depending upon their family circumstances. Approximately 25-30 PLHIV members have been making use of this counseling center on a regular basis. In addition, the part-time counselor also visits PLHIV at their home to provide counseling and assist with conflict resolution.

- Training on micro-loan & micro-enterprise:

On January 25, 2010, Ms. P. Jothimani, project officer of READ, gave training to 14 members of the PLHIV network about the process of utilizing the loan to start a small enterprise and improve their living conditions. Some members received a loan, while other members have applied for a loan.

and children in Cuddalore, India. It was started by in 2007 by 3 sisters (Sr. Daisy, Sr. Vincent Mary and Sr. Jesu Mary) to assist and empower underprivileged people. They collaborate closely with READ. They have organized 10 children’s parliaments in different villages, in which approximately 300 children and youth participate. They also offer evening tuition centers that are benefiting 72 students. To empower women, they organize self-help groups, assist them with micro-financing, and provide skill-training to women and other women empowerment programs. For more information on SEE Trust, please visit <http://www.sahaya.org/SEE-Trust/>.

Prerana Women’s Health Initiative and Public Health Research Institute (Mysore, India)

The Prerana Women’s Health Initiative and Public Health Research Institute are based on the belief that women have a right to voluntary, comprehensive, and culturally sensitive services for family planning, reproductive health and HIV. “Prerana” means “inspiration” in Kannada, the local language of Karnataka. The project team hope to inspire women to advocate for improved reproductive health.

The project is designed to integrate antenatal care and HIV testing & counseling in 144 rural Mysore villages, and to give pregnant women in hard-to-reach regions access to a full package of comprehensive antenatal care from skilled healthcare providers.

The project has been providing outreach, education and free reproductive health care services to more than 2500 women during 2010. Some highlights include:

SEE Trust

SEE Trust (Socio-economic Education and Empowerment Trust) is an registered, non-governmental organization committed to the welfare of downtrodden and marginalized women



SEE Trust organizes Children’s Parliaments and gets them involved in community work.



The programs of Prerana Women's Health Initiative and Public Health Research Institute (Mysore, India)

- Training of 77 ANM's (auxiliary nurse-midwife), 126 accredited Social Health Advocates for the government, serving a population of over 250,000 in preventing vertical transmission of HIV.
- Training of 423 Community Health Workers (CHW) in rural areas of Mysore in safe birthing practices and prevention of mother-to-child transmission.
- Implementation of 141 education and awareness programs across rural Mysore Taluk, attended by a total of 5,161 community members (4,212 women and 899 men).
- 92 mobile medical camps serving 144 villages, providing antenatal care to 1,675 pregnant women, and confidential counseling & testing to 1,639 women. For more information, please visit www.sahaya.org/prerana.

Lamling Vista (Nagaland, India)

A new project since 2009 is the Lamling Vista elementary school in Yongam, Nagaland. This village has a population of approximately 1500 people, consisting of 180 families. There are no proper roads and communication systems with the nearest small city of Lenglong, 12 km away. Because no facility was available to educate young children, a small school was started to provide kindergarten and elementary education.

The school has currently 150 students and 8 teachers, and goes to 6th standard. The funds that have been raised via Sahaya International in 2010 are also used to construct a new school with more rooms (7 classrooms and 1 office) and better infrastructure. Construction is expected to be completed in 2011.

HIV Awareness of the Deaf (Kenya)

This program, which is led in Kenya by our program coordinator Jacquilyn Odwesso, was originally funded by a 2004 grant from the Development Marketplace program of the World Bank. In collaboration with GRACE (Grassroots Alliance for Community Education; www.graceusa.org), this program developed a peer education curriculum with Kenyan sign language vocabulary, and created a Peer Education Network to teach deaf youth and adults about sexual health & hygiene, puberty, relationships, and HIV/AIDS. In 2007, we published and distributed "The Deaf Peer's Education Manual - A training manual developed by the Kenyan Peer Education Network, with interactive-based activities for basic understanding of sexual health, HIV and AIDS" (to download, visit www.sahaya.org/deaf/index.html).

In 2008, Jacquilyn had registered a new NGO, namely "Sahaya Deaf, Kenya" to bring more attention to deaf people and their issues in Kenya and other developing countries. Sahaya Deaf, Kenya has also been able to directly secure grant support from the Elton John AIDS Foundation (U.K) to work with Deaf women groups. In addition, the partnership of Sahaya-Deaf, Kenya with GRACE has received USAID-PEPFAR funding to extend the programs with deaf youth.

In 2010, thanks to continued grant support from Gilead Sciences via Sahaya International, a 2nd edition of this manual is being developed and expected to be ready at the end of 2011.

To take Sahaya International to the next level, reach a larger audience and widen our ripple effect of “making a difference,” a cutting-edge promotional video that would highlight our activities would be extremely useful. Because making a high-quality promotional video is expensive, Sahaya International started a collaboration with ReelAid (www.reelaid.org), a Hollywood- based organization started by movie actor/director Andy Lauer. Reel-Aid consists of people who work in the film industry and who use their available resources and expertise to help make promotional videos, 10 to 15 minutes long, for small non-profit organizations - such as Sahaya - at a much reduced cost.

From December 11 through 23, 2010, Andy Lauer and Director of Photography Josh Gibson spent time in India to take the video footage, which included interviewing several families. After months are spent on editing and production, the video is expected to be completed in the 2nd half of 2011. For more information, visit www.sahaya.org/video.html.





The **Jawahar Matriculation School** of Andimadam, of which construction was completed in 2009, provides currently basic education to 184 students, ranging from kindergarten to 6th Standard. Achievements in 2010 include the delivery of desks and benches to all classrooms, and the construction of a wash basin. Ongoing fundraising activities are focused on improving the infrastructure of the school.





VASANTHI - ~~nursing student~~ Nurse

Vasanthi grew up in Vilandai, Andimadam, in a poor family. She was a very good student in high school, and dreamt of becoming a nurse. Because her family was not able to support higher studies, Sahaya board member Elisabeth Sherwin organized two “**Tea for Vasanthi**” fundraisers in 2007 and 2008, and a yard sale in 2010. Vasanthi has been passing all her exams. In August 2010, she completed her 4 year of studies at the Chidambaram College of Nursing in Chennai. Recently she obtained her official diploma. She wrote in a letter:

My heartfelt thanks to Elisabeth and all of you. Thank you for all your guidance and support. I will always be very grateful to you.



Although Sahaya International was only registered in the USA, we had been receiving growing support from volunteers and sponsors in Europe, particularly with the orphan sponsorship program and the school programs at READ. In 2010, we continued to build on these collaborations:

- **Netherlands:**

Sahaya International (USA) was recognized in 2009 by the government of the Netherlands as ANBI (Algemeen nut beogende instelling). Donations to Sahaya International from donors in the Netherlands are now tax-deductible. Nearly € 1,000 was raised in 2010.

- **Belgium:**

In July 2009, a core team of volunteers in Belgium registered the non-profit organization Sahaya International.eu (abbreviated: “Sahaya.eu”). While Sahaya.eu is fiscally independent from Sahaya International (USA), we share goals and causes. In 2010, a total of € 6,617 was raised. For more information, please visit www.sahaya.eu.

Sahaya International fundraising events

We thank the many individuals and organizations that spent their efforts on raising funds for us via special events:

Nada Brahma Music Ensemble

On Saturday March 13, the Davis-based Nada Brahma Music Ensemble gave a performance at International House Davis, and treated the audience to the mystical sounds of ancient music from India. A total of \$716 was raised towards the construction of a 2nd level on the Mother Teresa School of READ.



Birthday party fundraiser

Board member Paulina Zielinska organized a birthday party on May 22. Her birthday wish to her friends was to make a donation to Sahaya for the Mother Teresa School. \$1,088 was raised.



Yoga for Sahaya

During July and August, Saroja Subrahmanyam gave several classes of Integral Yoga at the Fiesta Dance 'N Fitness studio in Davis, and donated all proceeds (\$108) to READ's programs for disabled people.

Yard sale for Vasanthi

On Saturday August 7, Sahaya board member Elisabeth Sherwin organized a yard sale of items that were donated by her circle of friends, and she forwarded all the proceeds (\$532) to Sahaya to support the nursing studies of Vasanthi.

Charity Work Day

The concept of Charity Work Day is that on that day, participants will go to their regular work but will voluntarily donate a certain amount (partial or full) of their daily salary to a charity like Sahaya.

Chung Truong organized the first Sahaya Charity Work Days on December 10, 2011 and January 28, 2011, and raised \$1,660 for the Mother Teresa school of Periyakrishnapuram.

Hope Walks Davis - 2010

Hope Walks (www.hopewalks.org) is an initiative by Global Strategies for HIV Prevention (San Rafael, California). It is an educational and fun(d)-raising walk that provides an opportunity for children, along with family members and friends to make a difference in the lives of orphans and vulnerable children by providing health-care, education, shelter and food.

In close partnership with the First Baptist Church, International House Davis, St. James Parish, University Covenant Church, the Cal Aggie Christian Association (CA-House) and several Davis High School Clubs (including Freedom from Hunger and Key Club), we organized on Sunday October 17, 2010 the fourth Hope Walks Davis event in Arroyo Park (www.hopewalks.org/davis). The event educated many adults and children and raised \$5,917 to provide for the basic needs of orphans and vulnerable children in READ's rural area in India - food, clothing, school fees, uniforms, and access to HIV testing, treatment and care.



Hope Walks Davis - Sunday October 17, 2010.

Many people in Davis showed that rain, rain and more rain could not dampen our spirits. Our lively event showed that we truly care about HIV-affected children in India. We walked, played games, threw water balloons, blew up air balloons, ate snacks, drank mango lassi, wrote letters, and raised \$5,917 to provide the infected children in our programs in India with hope for a future.

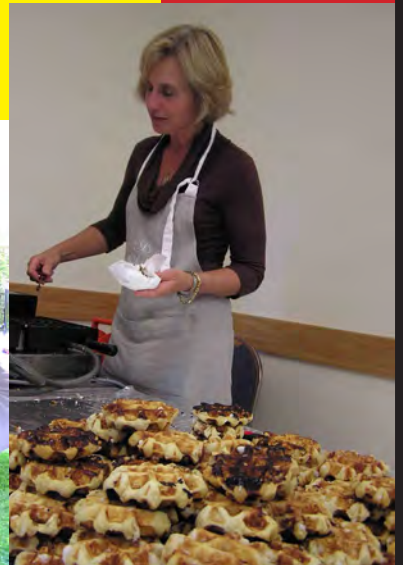
We want to thank all participants and the amazing team of volunteers and partner organizations that made the 4th Hope Walks Davis a success.





**Belgian beer, fries/frieten & waffles
- Fundraiser by the Belgian Club of
Northern California -**

March 27, 2010



On March 27, 2010, the Belgian Club of Northern California (www.bcnc.com) organized a fundraiser food/drink/music event in Hayward to benefit 3 charities. \$1,804 was raised for Sahaya's school programs.



Sahaya International Student Club at UCD

Since 2008, there is a registered Sahaya International student club at the University of California, Davis (UCD), founded by Anisha Illa. During the school year 2009-2010, Arin Kulshi took over the leadership of this club.

The students meet regularly on campus and organize fundraising events on the UCD campus and in the Davis area. Examples include selling Valentine Day cards, and tabling at Picnic Day 2010 and Whole Earth Festival to raise funds by selling cards and bracelets.

On May 27, 2010, they also organized a free showing of the movie "Beyond borders" (with Angelina Jolie and Clive Owen) on the UCD campus to raise awareness and inspire students to make a difference.

For more information, visit
http://www.sahaya.org/sahaya_ucd.html

Sahaya International

in the news



- “A month with the children of Andimadam is a month in paradise.” (Davis Enterprise, Sunday March 7, 2010, page C5).
- “Campus honored by President Obama for Community Service.” by Gabrielle Grow (The California Aggie, Thursday April 29, 2010).
- “Samenkomst Sahaya International. Bananenconfituur voor Zuid-India”. ‘t Groentje (Netherlands), 18 augustus, 2010. Page 25
- “Bananeconfiture voor arme kinderen”. De Nieuwsbode Heuvelrug (Netherlands), 18 augustus, 2010. Page 2.
- “Hope Walks Davis invites you to join hands on October 17.” Davis Enterprise, Wednesday September 29, 2010, page A5).
- “Dierenarts met hart voor India.” by Hilde Pauwels (Vlaamse Dierenartsenvereniging Magazine (Belgium), 19de jaargang, nr. 160, oktober 2010, p. 12-14).
- “Kinderen van AIDS ouders blijven vaak in de kou staan”, by Eefje Rampart, Gazet van Antwerpen (Belgium), 27 December 2010.

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Sahaya International Inc (USA)
The production of the video continues to make good progress, as the interviews that were filmed in India in December are diligently being transcribed by our super-volunteer Senthil. Check out www.sahaya.org/video.html to learn how you can get involved and be in the credits of the film.

Portraits of Andimadam vimeo.com

78 Impressions · 0% Feedback
March 14 at 4:38pm · Like · Comment · Share

Sahaya International Inc (USA)
March 2011: Picnic of the children of Silent Valley English Medium School (www.sahaya.org/rhema.html) sahayainternational.wordpress.com
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Sample Ad: Sahaya International... The text of your ad will go here.

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Sahaya International

financial summaries

Sahaya International, Inc. Balance Sheet Standard As of December 31, 2010

	<u>Dec 31, '10</u>
ASSETS	
Current Assets	
Checking/Savings	
Bank of America account	36,620.10
Total Checking/Savings	<u>36,620.10</u>
Other Current Assets	
1499 – Undeposited Fu...	6,300.00
Total Other Current Assets	<u>6,300.00</u>
Total Current Assets	<u>42,920.10</u>
TOTAL ASSETS	<u><u>42,920.10</u></u>
LIABILITIES & EQUITY	
Equity	
3000 – Opening Bal Equ...	4,856.00
3900 – Retained Earnings	3,674.14
Net Income	<u>34,389.96</u>
Total Equity	<u>42,920.10</u>
TOTAL LIABILITIES & EQUI...	<u><u>42,920.10</u></u>

Sahaya International, Inc. Profit and Loss Standard January through December 2010

	<u>Jan - Dec '10</u>
Ordinary Income/Expense	
Income	
4030 – Contributions Income	
4050 – Restricted	129,133.26
Total 4030 – Contributions Inc...	<u>129,133.26</u>
Total Income	129,133.26
Expense	
6125 – Bank Service Charges	115.01
6145 – Contributions and Gra...	86,522.35
6165 – Dues and Subscriptions	20.00
6235 – Licenses and Permits	100.00
6245 – Miscellaneous	651.91
6550 – Office Supplies	31.18
6255 – Postage and Delivery	339.52
6265 – Printing and Reproduc...	212.06
6770 – Supplies	
6780 – Marketing	2,000.00
Total 6770 – Supplies	<u>2,000.00</u>
6355 – Travel & Ent	
6385 – Travel	4,753.23
Total 6355 – Travel & Ent	<u>4,753.23</u>
Total Expense	<u>94,745.26</u>
Net Ordinary Income	34,388.00
Other Income/Expense	
Other Income	
7015 – Interest Income	1.96
Total Other Income	<u>1.96</u>
Net Other Income	<u>1.96</u>
Net Income	<u><u>34,389.96</u></u>



Sahaya International and its many beneficiaries thank all our donors and volunteers for their generous support and efforts. We could not have done anything without YOU !

