



2025 Mabuhay Medical/Dental Mission

January 23-30, 2025,

Agusan del Norte, Philippines



Vision: *Nurturing the spirit of community service to foster understanding among people, transcending culture, religion, and social status.*

Mabuhay Foundation International (MFI) from Sacramento, California conducted a successful Medical/Dental Mission at the two poorest municipalities in Agusan del Norte: Carmen and RTR (Remedios T. Romualdez) from January 23-30, 2025. The Mabuhay team was composed of 84 medical doctors, physician assistants, nurses, medical technicians, dentists, dental assistants, and non-medical Mabuhay members and volunteers. Founded in 1995, MFI has been conducting medical/dental mission every two years except during the Covid 19 Pandemic.

2025 Mission Chairpersons

Engr. Jeffrey Co and
Mrs. Leny Co



2025 Mission Local Coordinators

Mr. Simon Montemayor and
Mrs. Liza Montemayor



Overall Coordinators

Ms. Tina Bambao and
Dr. Cincin Young

January 25-26, 2025

First and Second Mission Days, Carmen Municipality, Rama Gymnasium
Barangays Poblacion, Rojasles, Tagcatong, Manoligao, Cahayagan, San Agustin, Gosson, Vinapor;



Rama Gymnasium before the start of the Mission.
LGU (Local Government Unit) staff did the preliminary set-up the day before

Physical Set-Up Team headed by Mr. Sonny Ng Hiap finalizing the set-up before the rest of the Teams arrived

Mr. Sonny Ng Hiap





LGU Police Force assisted in security and patient control

LGU Army soldiers also assisted in security and patient control



The pretty ladies of the LGU Welcome Committee were ready with their ribbons and smiles for each member of the Mabuhay Teams



Pinning a ribbon to each member of the Mabuhay Medical/Dental Mission Teams



LGU staff assisted in the pre-registration of each patient



Pre-registered patients waiting area



Unregistered patients waiting area



Registration Team and Triage Team headed by
Ms. Myra Alibudbud



Registration

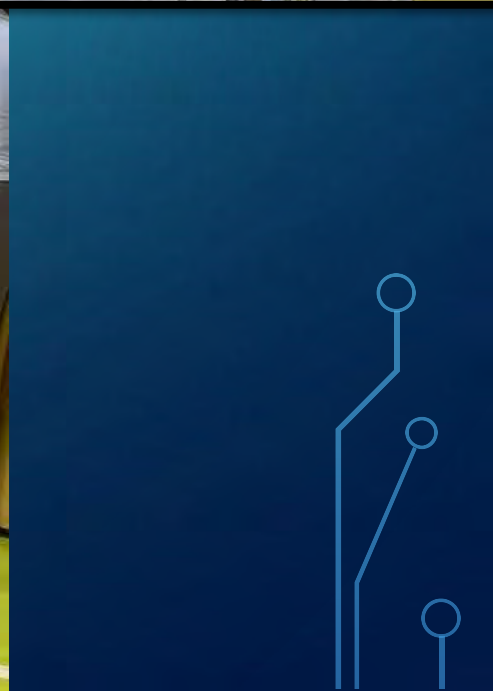


Triage





Triage



Medical Doctors headed by Dr. Vickie Celis



Nurses assisting doctors headed by Ms. Mary Ann Shaw



Medical Consultation



Medical Consultation

Dr. Bonifacio Marcon
Carmen Health Officer



Pediatrics



Pediatrics



Served with tender loving care

Pharmacy Service Team headed by
Ms. Carmen Delfinado





Patients waiting for Pharmacy Service

Pharmacy Service

Pharmacy Service

Nurses gave instructions to patients before giving the medication



Ms. Charity Avena

Mr. Don Lim

Laboratory Services



Laboratory Services provided glucose testing for diabetic, prediabetic or patients suspected of diabetes

Educational Program

Ms. Lorna Parreño



Educational Program provided information on diabetes, asthma, hypertension and COPD



Mr. Bryant Tapang

Educational Program



Adult Reading Glasses Program Team
headed by Ms. Juana Lopez-Rodriguez



Adult Reading Glasses Program



Vision to Learning Program Team headed by Mr. Dickie Bernal

Vision to Learning Program provided prescription glasses to Grade School students whose parents could not afford to pay for eyeglasses



Students who needed prescription eyeglasses were examined by Dr. Joriz Reambonanza in October 2024 and prepared eyeglasses for them. Mabuhay Foundation International paid for the eyeglasses.



Students claimed their prescription eyeglasses during the Mabuhay Medical/Dental Mission



Toys for Children Program headed by
Ms. Maria Bahoric



TOYS
TOYS FOR CHILDREN

Toys for Children Program



Food Baskets Program headed by Ms. Soledad Ruz

Ms. Soledad Ruz



Food Basket Program provided groceries for needy families



Food Basket Program



Dental Services provided tooth extractions



Dental Services were conducted in Carmen Health Center and in a dental van

Dental Services Team headed by Ms. Tina Bambao





Blood pressure was measured for each patient to determine if the patient was qualified for tooth extraction

Patients waiting for
dental extraction



Dental Clinic



Dental Services



Dental Services

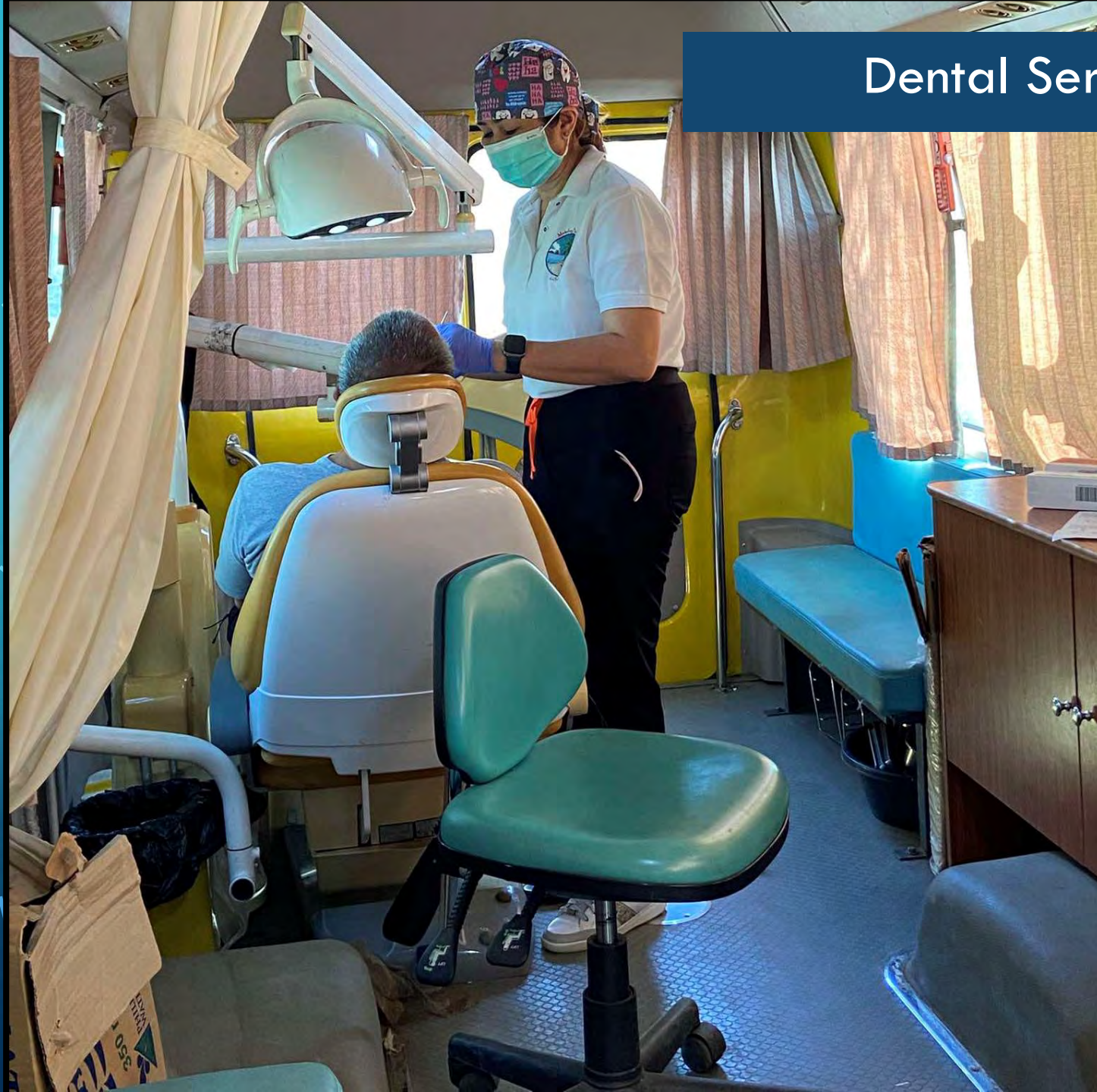


Dental van rented from the Department of Health



Inside the dental van

Dental Services





Dental instruments were
sterilized using pressure cookers



Dental kit containing toothbrush
and a tube of toothpaste was
given to each dental patient

Dental kit



Anti-Dengue Program



Anti-Dengue Program was held at the Carmen Tourism Villa

Anti-Dengue Program

Anti-Dengue Program
Team headed by
Dr. Cincin Young



Participants to the Dengue Prevention Seminar and Mosquito-Ovitrap Workshop were mostly Barangay Health Workers (BHW) and Barangay Health Volunteers (BHV)



Dr. Cincin Young conducting Dengue Prevention Seminar



Mosquito-Ovitrap Workshop followed after the Seminar



Mosquito Ovitrapping Workshop



Mosquito Ovitrap Workshop





Dr. Young giving 240 mosquito dunks to Dr. Bonifacio Marcon (Carmen Health Officer) and explaining how and when to install the dunks.



Mosquito dunks contain *Bacillus thuringiensis israelensis* (Bti) bacteria that attack the gut-lining of mosquito larvae. These dunks can kill mosquito larvae when placed in mosquito breeding grounds, especially in big bodies of water. Each dunk can cover 3 X 3 meters of surface water and effective for 1 month. A dunk can be broken into small bits for smaller area or smaller volume of water.



Dr. Young giving 20 flash drives to Dr. Marcon and explaining the contents of the flash drives and to whom they should be given.



Each flash drive contains 14 files including presentations for seminars and workshops to BHW, and to elementary students; instructions for house-to-house campaign, instructions on building mosquito ovitraps; video on dengue infection, video on Aedes life cycle, etc.

Photos with the participants of the Seminar and Workshop



The background is a dark blue gradient. In the corners, there are white line-art illustrations of circuit boards or neural networks, with lines connecting to small circles.

END of PART 1

(Mission Days 1 and 2)

January 28, 2025

**Third Mission Day, RTR (Remedios T. Romualdez) Municipality
Barangays Balangbalang, San Antonio and Tagbungabung;**



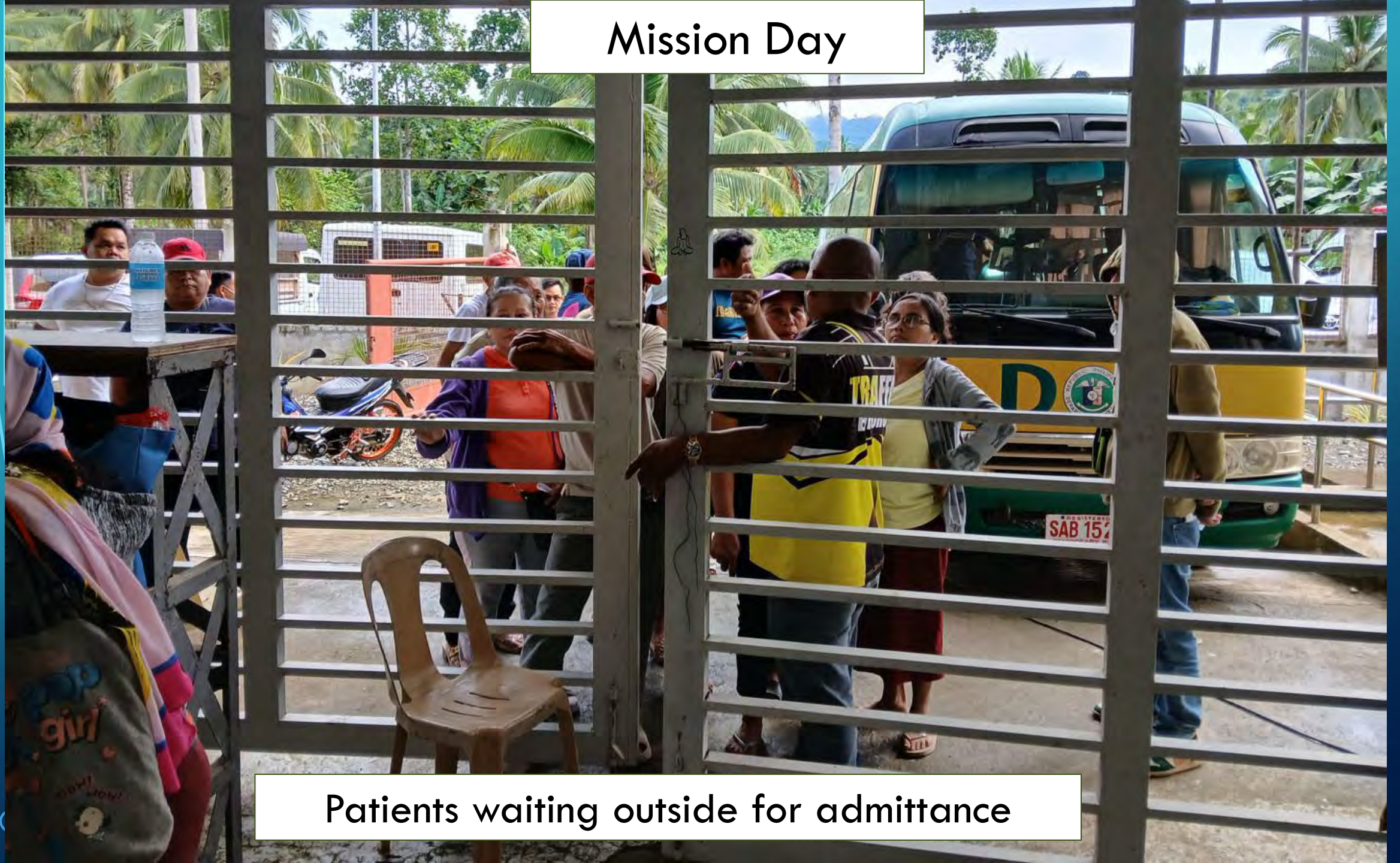


Before Set Up at the Mission Site



Teams for Physical Set-Up and Patient Control
with RTR Security Force

Mission Day



Patients waiting outside for admittance



Waiting Area 1
(for patients without tickets)



Pre-registration

Waiting Area 2
(for patients with tickets)

**Dr. Angela Real,
RTR Health
Officer**



**Pre-registration manned by
RTR Health Office Staff**



Registration



Registered patients waiting for Triage



At Triage, every patient temperature was taken and adult blood pressure was measured



Weight was measured for every child



Triage



Triage



Patients waiting for Medical Consultation
(Adult Medicine)



Adult Medicine



Adult Medicine



Medical Consultation: Pediatrics
doctors and nurses



Pediatrics



Pediatrics



Dr. Angela Real
RTR Health Officer



Pharmacy Services Team



Pharmacy Services



Laboratory Services Team



Laboratory Services



Educational Program

Adult Reading Glasses Program Team



Patients waiting for Reading Glasses



Adult Reading Glasses Program



Adult Reading Glasses Program



Adult Reading Glasses Program



Vision to Learning Program



Students claiming their prescription glasses

Food Baskets Program



TOYS FOR CHILDREN



Toys for Children Program



Dental Services Team

Dr. Ana Marie Ruego, President,
and volunteers from
Philippine Dental Association Inc.,
Agusan del Norte Chapter



Dental Health Bus rented from
the Department of Health



Dental Services



Each dental patient was given
toothbrush and toothpaste to
bring home



Anti-Dengue Program



Dengue Prevention Seminar and Ovitraps Workshop were conducted for Barangay Health Workers, Barangay Health Office Staff, and Barangay Health Volunteers



Mosquito Ovitrap Workshop immediately followed the Seminar

Mosquito Ovitrapping Workshop



Mosquito Ovitrapping Workshop



Mosquito Ovitraps Workshop





Dr. Young giving Ms. Nellyn Manulat, RTR Sanitary Inspector, 160 mosquito dunks and 20 flash drives with instructions on when and where to install the mosquito dunks, and what the flash drives contain and to whom the flash drives are to be given.

Photo with the participants of the Seminar and Workshop, and also seated on the left are Ms. Manulat and Dr. Angela Real, RTR Health Officer



Acknowledgements

- * We thank God for giving us the opportunity and the means to accomplish our Medical/Dental Mission.
- * We thank our partners Hon. Mayor Ramon Calo and Hon. Vice Mayor Jovette Calo and their very efficient Committees of the Carmen Municipality.
- * We also thank our partner Hon. Richard Daquipil and his very efficient Committees of the RTR Municipality.



Acknowledgements (continued)

- * We thank Dr. Ann Marie Ruego and volunteers from Philippine Dental Association, Agusan Chapter, for their assistance in dental services.
- * We thank our Mission Local Coordinator Mr. Simon Montemayor and Mrs. Liza Montemayor, and their son Engr. Paul Simson Montemayor.
- * We thank the Yolo County Fil-Am Group of California for their continued support and donations.
- * We thank the officers and members of Grand Lodge of Free and Accepted Masons of the Philippines, Agusan Chapter for facilitating coordination between Mabuhay Foundation International and the Carmen and RTR Municipalities.
- * We thank the donation of 50,000 pesos by a donor in Butuan City who wants to remain anonymous.
- * We thank the volunteer doctors, dentists, nurses, medical technicians and many other volunteers for helping us make this mission a success.

* Because of all these help and collaborations, our medical and dental mission was conducted smoothly and successfully. We were able to provide 99 pediatric consultations and 315 adult medical consultations. We filled 437 medical prescriptions; measured blood sugar for 85 people; did tooth extractions for 82 adults and 52 children; given reading glasses to 336 adults; awarded 49 prescription glasses to grade school students; provided 150 food baskets to needy families; and given 188 toys to pediatric patients. We also conducted dengue-prevention seminars and mosquito ovitrap workshops to 127 barangay health workers, barangay health volunteers and health personnel. We gave out 400 mosquito dunks to heads of municipal health offices for mosquito larval control.

Our next medical and dental mission will be in Iloilo in early 2027 chaired by Ms. Bang Tubungan. If you are interested in joining the Mabuhay Foundation International as a member or as a volunteer for the Medical and Dental Mission, please email Mr. Tony Yadao at tonyyadao@concast.net or text 916-215-0063.